

## Wazazi na Pamoja ya Jumuiya Mwanachama ya Shule ya Des Moines

Utafiti umeonyesha kwamba vijana kufaidika na shule baadaye kuanza mara ambayo ingeweza kusababisha usingizi zaidi, afya bora, kuongezeka kwa wasomi na kuboreshwa viwango vya mahudhurio. Vile vile, msingi wanafunzi wenye umri wa miaka kufaidika na shule kuanzia mapema, ambayo ni karibu na mara yao ya asili uchao.

Des Moines Shule ya Umma ni kuzingatia mabadiliko shule wa kuanza na kumaliza kwa wanafunzi bora kujipanga na American Academy of Pediatrics mapendekezo.

- Kati na wanafunzi wa shule ya upili bila kuanza hakuna mapema zaidi 8:30 na mwisho katika takriban 15:30 Elementary school students would start at 7:50 a.m. and end at 2:45 p.m.
- SMOUSE, Ruby Van Meter, Wilaya Wide Mipango na utotoni Elimu Maalum itakuwa kuanza saa 9:15 na mwisho katika 4:10

Des Moines Shule ya Umma ni kutafuta pembejeo juu ya mabadiliko haya mapendekezo kutoka kwa jamii. Tafadhali kukamilisha utafiti zifuatazo ambayo itachukua takribani dakika 10. Maoni yako ni sehemu muhimu ya mchakato huu wa kutoa maamuzi

1. Ni yupi kati ya bora zifuatazo inaeleza mwanafunzi wako (s)? Chagua zote zinazotumika

- Mwanafunzi Shule ya Msingi
- Mwanafunzi Shule ya Kati
- Mwanafunzi Shule ya Sekondari

Hakuna mwanafunzi waliojiunga katika Des Moines Shule ya Umma

2. Tafadhali kuweka kipaumbele katika mambo yafuatayo 1-6 wakati kuzingatia ratiba ya mwanafunzi, ambapo 1 ni muhimu zaidi na 6 ni angalau muhimu.

- \_\_\_ Kulala wa wanafunzi kwa afya
- \_\_\_ Ufaulu wa wanafunzi kitaaluma
- \_\_\_ Kabla na baada ya huduma ya shule
- \_\_\_ Ratiba wango ya shule
- \_\_\_ Kuwepo basi mwingine ya ku safiri
- \_\_\_ Kupima Wakati wa baada ya shule na shughuli za ziada

3. Kwa jinsi gani mabadiliko katika muda wa kuanza na athari wewe na familia yako?

- Athari chanya sana
- Hakuna madhara
- Athari hasi
- Athari hasi kabisa

4. Tafadhali kusoma Kila kauli ifuatayo Rangi kuchagua ambayo Kiasi Wewe kukubaliana AU kutokubaliana

The change in start time would allow for a better sleep schedule for students	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would reduce tardies and absences	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would increase academic performance, specifically at the beginning of the day	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would reduce the risk of drowsy driving for high school students	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would improve students' health and well-being	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would prevent students from having an after-school job	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would create a problem with childcare for my student(s)	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The change in start time would prevent students from participating in after-school activities	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Je, una maoni yoyote ya ziada au wasiwasi kuhusu mabadiliko katika shule muda wa kuanza?

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