School Start Times

An Approach To Impact Student Achievement

February 7, 2017



Today's Outcomes

Share Progress To Date

- -Share how this change would benefit students.
- -Share the community engagement plan.



Preliminary Review

Are there any major barriers?

- -Cost Neutral
- -No Operational Stoppers



Rationale

Why would we consider?

The body of evidence concerning the benefits of an earlier start time for elementary and a later start time for secondary students is **compelling**.

Bell time changes will support improving student outcomes as we move toward becoming the model for urban education.



Research Summary Positive Benefits For Adolescents

Student Learning

- -Tardies/Truancy
- -First Period Grades
- -Athletics/Activities Participation

Health - Sleep Deprivation

- -Obesity
- -Depression
- -Impulse Control
- -Drowsy Driving

Equity

-Low SES Students Disproportionately Impacted



Research Summaries

<u>Hanover Research Summary – February 2013</u>

Academy of Pediatrics - August 2014

American Psychological Association - 2014



Deeper Dive

Done	Additional Feedback Needed
 Research Review DART Yellow Buses Preschool Metro and 21st Century Food and Nutrition Activities Central Campus Smouse and Ruby Van Meter School Principals DMEA AFSCME 	 Parents Community Partners



Positives and Concerns

Aligning start time with research benefits:	Elementary students - increased walking/waiting for bus in dark
Learning	
Health	Smouse exception
Equity	
	Elementary after-school activities requiring
All levels with same hours	bus may be delayed a little longer
Increased collaboration opportunities for elementary	Secondary after-school activities - increased late afternoon absences and reduced practice facility time
Departments can adjust programming	
Cost neutral	

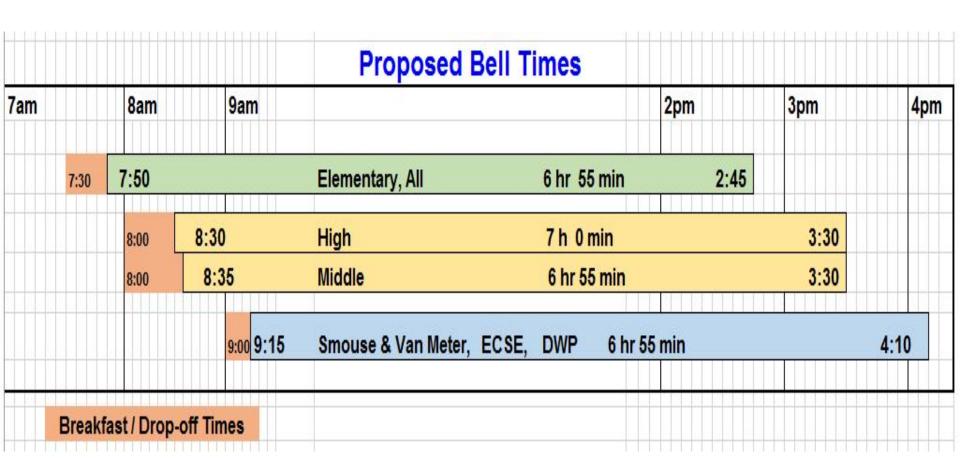


Current Structure

				DMPS -	Curren	t Bell Times				
7am	8am		9am				2pm		3pm	4pm
7:15	7:40			High	6 hr, 55	min school day	2:35			
	7:45			Middle	6 hr, 45	6 hr, 45 min		2:30		
	8:00 <mark>8:15</mark> 8:00 <mark>8:15</mark>		Elementary, Group 1 6 hr, 45 min Smouse & Van Meter 6 hr, 45 min		6 hr, 45 min		3:00	8 - 11 - 12 12 - 12 12		
					6 hr, 45 min		3:00			
	8:30 8:45		Elementary, Group 2		6 hr, 45 min			3:30		
	9:00			DWP 1:50/2:0						
Br	reakfast / Dro	p-off	Times							



Proposed Changes





Timeline

January/February

- Board Communication
- Internal Stakeholder Engagement
- Community Engagement

March

- Revise Plan As Necessary
- Share Revised Plan Metro-Wide

April 5th

Latest Date To Move Ahead For '17-'18



Summary

How could we measure impact?

- Truancy/Tardy
- First Period Grades
- Activities Participation
- Accidents/ Criminal Activity

Why would we change?

Improved Student Outcomes



Thoughts....comments....questions



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